Table 3

*Descriptive statistics for all program measures in control group*

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  |  | Pre-Intervention | | |  | Post-Intervention | | | | |
| Variable | | #(obs) | M | SD |  | #(obs) | M | SD | ICC2 (%) | ICC3 (%) |
| *Setting Quality* | |  |  |  |  |  |  |  |  |  |
|  | Expectations to Belong at CC (Pre)/Belonging at CC (Post) | 334 | 6.95 | 2.28 |  | 282 | 8.45 | 1.94 | 0.7 | 0.3 |
|  | General Mattering(Pre)/Mattering at CC (Post) | 331 | 7.07 | 2.47 |  | 281 | 9.09 | 1.62 | 2.9 | 1.6 |
|  | Positive social norms‡ |  |  |  |  | 287 | 4.51 | 0.68 | 0.7 | 0.3 |
|  | Appropriate structure‡ |  |  |  |  | 287 | 4.63 | 0.51 | 7.4 | 0.4 |
|  | Integration of family, school, and community‡ |  |  |  |  | 287 | 4.23 | 0.85 | 1.8 | 0.1 |
|  | Opportunities to belong‡ |  |  |  |  | 287 | 4.43 | 0.79 | 2.0 | 0.1 |
|  | Opportunities for skill building‡ |  |  |  |  | 287 | 4.30 | 0.78 | 0.7 | 0.1 |
|  | Physical and psychological safety‡ |  |  |  |  | 287 | 4.46 | 0.86 | 1.1 | 0.2 |
|  | Supportive relationships‡ |  |  |  |  | 287 | 4.39 | 0.64 | 1.4 | 0.1 |
|  | Support for self-efficacy and mattering‡ |  |  |  |  | 287 | 4.08 | 0.68 | 6.3 | 0.2 |
| *Mentoring Relationship Quality* | |  |  |  |  |  |  |  |  |  |
|  | Mentor alliance |  |  |  |  | 282 | 4.24 | 0.60 | 1.1 | 0.1 |
| *Developmental Outcomes* | |  |  |  |  |  |  |  |  |  |
|  | Conscientiousness | 334 | 5.59 | 1.73 |  | 282 | 6.16 | 1.79 | 1.2 | 0.1 |
|  | Developmental assets | 334 | 2.92 | 0.49 |  | 282 | 3.07 | 0.58 | 4.2 | 0.4 |
|  | Future orientation | 334 | 7.70 | 2.08 |  | 282 | 8.10 | 2.27 | 1.8 | 1.2 |
|  | Self-efficacy | 334 | 7.22 | 2.00 |  | 282 | 7.74 | 2.00 | 1.6 | 1.0 |
|  | Behavioral difficulties | 338 | 1.79 | 0.36 |  | 288 | 1.73 | 0.37 | 4.2 | 0.1 |
|  | Prosocial behavior | 338 | 2.42 | 0.46 |  | 288 | 2.46 | 0.44 | 5.7 | 0.1 |
|  | Social-emotional competencies | 337 | 3.28 | 0.67 |  | 287 | 3.41 | 0.73 | 6.4 | 0.0 |
|  | Meaning in life | 334 | 7.00 | 2.69 |  | 282 | 7.60 | 2.73 | 1.8 | 0.2 |
| *Positive Youth Development* | |  |  |  |  |  |  |  |  |  |
|  | Anger | 334 | 5.52 | 2.94 |  | 281 | 4.30 | 3.16 | 5.4 | 12.7 |
|  | Anxiety | 332 | 0.38 | 0.31 |  | 281 | 0.33 | 0.32 | 2.0 | 0.1 |
|  | Depression | 326 | 1.82 | 1.64 |  | 281 | 1.66 | 1.67 | 8.0 | 0.2 |
|  | Delinquency | 321 | 0.38 | 0.82 |  | 278 | 0.26 | 0.57 | 3.1 | 0.1 |
|  | Substance use | 323 | 0.38 | 0.95 |  | 278 | 0.33 | 0.88 | 2.8 | 0.1 |
|  | Internalizing behaviors | 336 | 1.47 | 0.39 |  | 287 | 1.39 | 0.36 | 10.2 | 0.1 |
|  | School misbehaviors | 327 | 0.93 | 0.97 |  | 276 | 0.93 | 0.87 | 3.0 | 0.1 |
|  | Grades | 334 | 6.07 | 1.81 |  | 280 | 6.19 | 1.82 | 3.7 | 0.1 |
|  | Academic aspirations | 334 | 8.47 | 2.24 |  | 282 | 8.57 | 2.30 | 6.4 | 0.1 |

Note: ‡ denotes that variables was not measured at pre-intervention